

This is to certify that \_\_\_\_\_  
is 16 years old. I have read the information below and I consent for my child/ward to donate  
blood through New Jersey Blood Services.

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
DATE

HOME PHONE \_\_\_\_\_

PARENT'S CELL PHONE \_\_\_\_\_

### Reminders

- All student donors must show proof of age
- Eat well before your donation
- All donors must present identification with signature or photo.

### Donation Process

#### To determine if your child is eligible to donate we will:

- Ask questions about health, travel, sexual activity and medicines to determine risk for viruses and other disease.
- Take the blood pressure, temperature and pulse.
- Take a small blood sample to ensure your child is not anemic.

#### If able to donate we will:

- Cleanse the arm with an antiseptic.
- Use a new, sterile, disposable needle to collect the blood.

#### Possible Donation Complications:

Most donors tolerate giving blood well, but on occasion reactions and complications may occur. On average, a very small number of donors have a reaction or complication when they donate either a bag of whole blood or donate blood on a machine. Examples of reactions and complications which may occur when donating whole blood or donating on a machine include anxiety, feeling warm or cold, nausea or vomiting, dizziness or fainting, bruising, nerve injury, or infection at the puncture site. Injuries from falls following dizziness or fainting may also occur. Some of these reactions and complications may occur more frequently with younger donors donating whole blood versus donating blood on a machine. Donors donating blood on a machine may experience tingling of the fingers and around the mouth that is caused by citrate, a substance used to keep blood from clotting in the machine. Muscle spasms can also occur infrequently. Very rarely, a donor on a machine may develop decreased calcium levels (hypocalcemia) or an irregular heart beat from citrate. Our staff is trained to recognize and manage adverse reactions and your child needs to listen to all instructions from our staff and to be alert to signs of the above reactions, including during the time spent in the canteen area following the donation.

#### What happens to the donation:

To protect patients, the blood is tested for viruses and certain other infectious diseases. If the blood tests positive, it will not be given to a patient. Your child will be notified about test results that may disqualify him or her from donating in the future. From time to time, New York

Blood Center (NYBC) may offer additional health-related screening tests (such as cholesterol testing) to donors. Your child will be advised at the time of donation concerning the specific test(s) that may be performed, and provided with the opportunity to decline the offer. The results of any additional health related screening tests will be provided. Some of the blood may be used for research studies or investigational test procedures which will be conducted in accordance with guidelines established by NYBC's committee for protection of human subjects. If the results from any study could affect your child's health, your child will be notified.

If your child responds to the question regarding racial or ethnic group, the blood may also be tested for the presence of a rare blood type. If a rare blood type is found based on the screening program, we will notify your child by mail.

#### What happens to the test results:

Your child may be asked to speak with one of NYBC's medical professionals if the blood tests are positive for certain viruses, and your child may also be asked to return for a follow-up visit and further testing. Your consent will be requested again at that time. The names of donors whose blood tests positive are kept in confidential files. These files can be opened solely by authorized NYBC personnel. New York Blood Center will not release positive test results without your written consent unless required by law (e.g. to the Health Department, FDA, or by judicial process).

We will not notify your child if the test results are negative or if sample tubes do not provide enough blood to complete all laboratory tests.

If you have any question about your child's donation, please call **New Jersey Blood Services at (732) 220-7026** during normal business hours.

Some products used in blood collection contain natural latex rubber which may cause allergic reactions.

**Thank you for consenting for your child to donate blood.**